

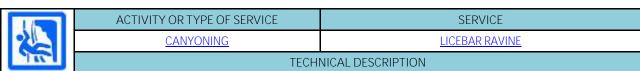
SERVICE DATA SHEET

RAVINE – LIZEBAR RAVINE

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BASIC DESCRIPTION OF THE ACTIVITY



- Technical and aesthetic descent, with narrow walls and corridors.
- 4 rappels of different technical difficulty between 5 and 14 meters.
- An intermediate rappel of 60 m, the longest done with Inguru Abentura.
- Due to its morphology, it is the ideal ravine to start or end the season.
- It is also the one that is carried out in case the Artazul Cannon is very loaded.

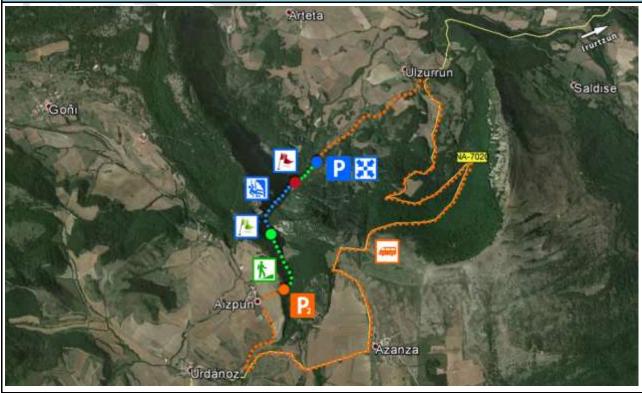
PHYSICAL DESCRIPTION

- After the presentation we approach with the vehicles to the place where the activity begins.
- After the distribution of equipment and technical explanations, we set off towards the place where the descent begins.
- Approximation of about 10 or 15 minutes. (Depending on the pace of the group).
- Depending on the physical and technical level, the descent will take between 3 and 5 hours.
- At the end, in just 10 minutes we arrived at the place where we parked the vehicles.

The title offer, in just to minutes we arrived at the place whole we parted the vertices.						
APPROXIMATE DURATION			SEASON			
4-6 hours			All year.			
PLACE OF DEVELOPMENT		MEETING POINT		COORDINATES		
Irurtzun (Navarrese)		In the parking lot of Plaza Fueros. (<u>Google Maps</u>)		42.91798, -1.829437		
RATES (21% VAT included)						
	INDIVIDUALS		SCHOOL GROUPS / ASSOCIATIONS			
6-15 pax	85,00 €		80,00 €			
16-24 pax	80,00 €		75,00 €			

NOTE: We recommend that school groups, associations and institutions request a customized quote.

ACTIVITY MAP



















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PHYSICAL AND TECHNICAL DATA

MINIMUM NUMBER OF PART	TICIPANTS	MAXIMUM NUMBER OF PARTICIPANTS				
6 people		24 people				
DIFFICULTY LEVEL	MINIMUM RECOMMENDED AGE		RATIO			
III – (High)	1	4 years	1 monitor for every 6 participants			

REQUIRED PERSONAL SKILLS

- It is essential to know how to rappel or to have previously practiced one or more similar activities.
- Not suitable for pregnant women.
- Check whether people with any type of disability can carry out the activity.

WARNINGS:

VERY IMPORTANT: As soon as the first rappel is descended, NO ONE will be able to turn around.

Participants are required to inform the company if they suffer from any physical, psychological, sensory disability, cardiovascular disease or if they are pregnant.

MATERIALS AND EQUIPMENT

MATERIALS INCLUDED IN THE ACTIVITY:

- Helmet.
- Complete canyoning harness.
- Full neoprene (suit and jacket)
- Booties.
- Technical material required for the activity. (Ropes and other safety materials)

MANDATORY EQUIPMENT TO PERFORM THE ACTIVITY

- Swimsuit. (Sporty or tight-fitting is recommended)
- Thermal or lycra shirt for the approach to the place where the descent begins.
- Hiking boots in good condition, for walking on uneven and slippery terrain.
- Participants with long hair: it is mandatory that they tie their hair back with a rubber band.
- Towel, clothes and spare shoes.

RECOMMENDED EQUIPMENT

- Participants who wear glasses should bring a strap or rubber band to hold them in place at the back.

INCLUDED SERVICES	SERVICES NOT INCLUDED			
- Activities with specialized guides.- Technical material necessary for the activity.- Civil Liability and Health Assistance Insurance.	- Transportation during the course of the activity Food or water during the activity Accommodation, check availability.			
PHOTO ALBUM	VIDEOS OF THE ACTIVITY			
No album.	No Videos.			

PHOTOS OF THE ACTIVITY





