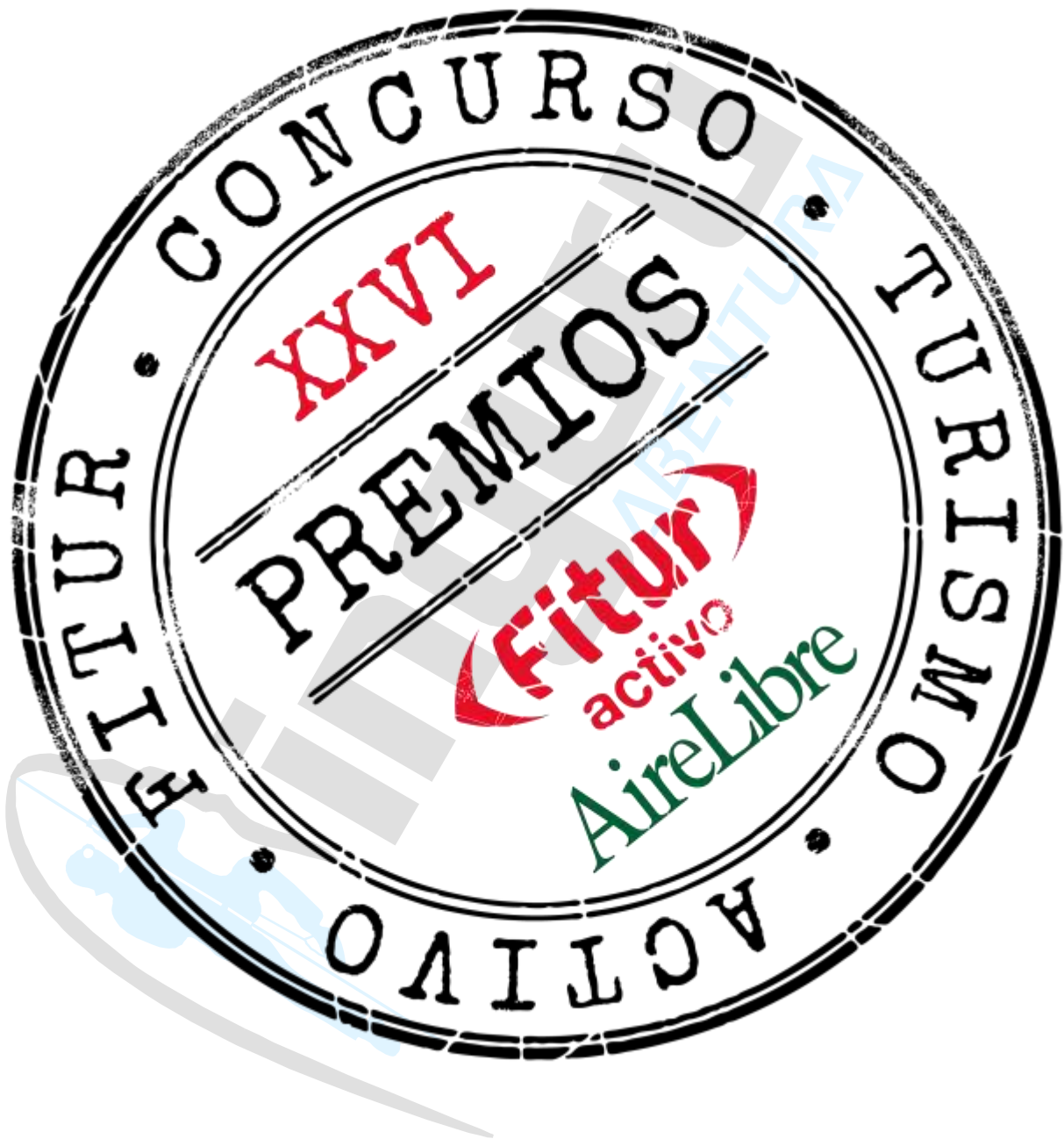


FITUR 2021 AWARD – NATIONAL CATEGORY



DESCENT OF THE LEZE

BASIC DESCRIPTION OF THE ACTIVITY

	ACTIVITY OR TYPE OF SERVICE	SERVICE
	CANYONING	DECLINE OF THE LEC E or LEZEA
TECHNICAL DESCRIPTION		
<p>TECHNICAL DESCRIPTION</p> <ul style="list-style-type: none"> - A canyon unique in its characteristics, as it runs entirely through a 60 m high cave. - Technical descent containing several rappels of different sizes, between 5 and 25 meters. - Some of the rappels are partially or completely aerial, without touching the wall. - Various slides and jumps, which are generally completed without major difficulty. 		
PHYSICAL DESCRIPTION		
<ul style="list-style-type: none"> - After distributing the material we set off towards the place where the descent begins. - Approximately one and a half hours. (Depending on the pace of the group). - After a short break we get equipped and after the technical explanations the descent begins. - Depending on the physical and technical level, the descent will take between 3 and 4 hours. - At the end, in just 5 minutes we arrived at the place where we parked the vehicles. 		
APPROXIMATE DURATION		SEASON
5-7 hours		From April to September. (Depending on the flow rate)
PLACE OF DEVELOPMENT	MEETING POINT	COORDINATES
Between Egino and Ilardua (Araba)	Parking of El Ventorro Restaurant (Google Maps)	42.8739000, -2.3073530
RATES (21% VAT included)		
	INDIVIDUALS	SCHOOL GROUPS / ASSOCIATIONS
6-15 pax	85,00 €	80,00 €
16-24 pax	80,00 €	75,00 €
NOTE: We recommend that school groups, associations and institutions request a customized quote.		
ACTIVITY MAP		

MEETING POINT PARKING TRANSFER 2ND PARKING APPROACH/RETURN START OF ACTIVITY END OF ACTIVITY

PHYSICAL AND TECHNICAL DATA

MINIMUM NUMBER OF PARTICIPANTS		MAXIMUM NUMBER OF PARTICIPANTS	
6 people		24 people	
DIFFICULTY LEVEL	MINIMUM RECOMMENDED AGE	RATIO	
II – (Average)	12 years	1 monitor for every 6 participants	
REQUIRED PERSONAL SKILLS			
<ul style="list-style-type: none"> - Activity focused on people accustomed to doing physical activity frequently. - It is essential to know how to swim. - It is recommended to know how to rappel or to have previously practiced a similar activity. - Not suitable for pregnant women. - Check whether people with any type of disability can carry out the activity. 			
WARNINGS:			
<p><i>VERY IMPORTANT: As soon as the first rappel is descended, NO ONE will be able to turn around.</i></p> <p><i>Participants are required to inform the company if they suffer from any physical, psychological, sensory disability, cardiovascular disease or if they are pregnant.</i></p>			
MATERIALS AND EQUIPMENT			
<p>MATERIALS INCLUDED IN THE ACTIVITY:</p> <ul style="list-style-type: none"> - Helmet. - Complete canyoning harness. - Full neoprene (suit and jacket) - Booties. - Technical material required for the activity. (Ropes and other safety materials) <p>MANDATORY EQUIPMENT TO PERFORM THE ACTIVITY</p> <ul style="list-style-type: none"> - Swimsuit. (It is recommended that it be sporty or tight, especially for boys) - Thermal or lycra shirt for the approach to the place where the descent begins. - Hiking boots in good condition, for walking on uneven and slippery terrain. - Participants with long hair: it is mandatory that they tie their hair back with a rubber band. - 1 liter of water and light food. (Energy bars, nuts or some pieces of fruit) - Towel, clothes and spare shoes. <p>RECOMMENDED EQUIPMENT</p> <ul style="list-style-type: none"> - Participants who wear glasses should bring a strap or rubber band to hold them in place at the back. 			
INCLUDED SERVICES		SERVICES NOT INCLUDED	
<ul style="list-style-type: none"> - Activities with specialized guides. - Technical material necessary for the activity. - Civil Liability and Health Assistance Insurance. 		<ul style="list-style-type: none"> - Transportation during the course of the activity. - Food or water during the activity. - Accommodation, check availability. 	
PHOTO ALBUM		VIDEOS OF THE ACTIVITY	
See photos of the La Leze Cave		Video Descent of La Leze (2012) Video Canyons in Euskadi (2012)	
PHOTOS OF THE ACTIVITY			
			